

UH Doctors make the Difference.

Parkinson's Boot Camp

Presented by University Hospitals Movement Disorder Center in partnership with Courageous Steps for Parkinson's and Ohio Parkinson Foundation Northeast Region

Saturday, May 22, 2010

9 a.m. – 2 p.m.

Cleveland Hilton East, Beachwood
I-271 at Chagrin Blvd.



Take control of your PD! Experience this hands-on event where you'll learn exercise techniques, mind and body wellness practices and invigorating skills to manage your Parkinson's.

Presenters:

David Riley, MD, Center Director, Movement Disorder Center and
Benjamin Walter, MD, Medical Director, Deep Brain Stimulation Program

- Presenting David Zid, who will motivate you and get you moving
- Physical therapy
- Stress reduction and relaxation techniques
- Inspiration through dance

Also featuring special sessions for caregivers.

Close and wheelchair accessible parking.

RSVP at UHhospitals.org/PDbootcamp or 216-983-5741 by May 10.

Seating is limited.



Courageous Steps for Parkinson's
The Ohio Parkinson Foundation Northeast Region

