



## ***Come Dance With Me***

If you have never danced before, or if you just need to dust off a few old dance steps, you will enjoy this lively, fun-filled one hour session, led by Fred and Dianne Discenzo. This dance series is for people with Parkinson Disease, their care-giver or care partner or friend. Dance partners will be provided as needed.

All classes are held at Parma Hospital's Health Education Center  
7300 State Road, Parma, OH 44134  
from  
11:00 until 12:00 noon  
2<sup>nd</sup> Saturday of the month (excluding June/July)

No registration needed. For more information call 440-743-2584

***Come enjoy good music and friendship while benefiting from movement and dance***

